

Day Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		Activity	Planned	Actual
	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual			
00:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest			
00:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Gigging	0	0
01:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Writing	0	0
01:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Production	11.5	4.5
02:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rehearsal	3	0.5
02:30	Rest	Rest	Rest	Admin	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Admin	5	7.5
03:00	Rest	Rest	Rest	Admin	Rest	Admin	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Meeting	0	0
03:30	Rest	Rest	Rest	Admin	Rest	Admin	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Marketing	0.5	2.5
04:00	Rest	Rest	Rest	Admin	Rest	Admin	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Teaching	0	0
04:30	Rest	Rest	Rest	Admin	Rest	Admin	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Media	0	0
05:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Travel	1	3
05:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	88.5	96
06:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Social	4	8.5
06:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Family	26.5	24.5
07:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Health	4	0
07:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Day Job	24	21
08:00	Family	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Volunteering	0	0
08:30	Family	Rest	Family	Rest	Travel	Rest	Health	Travel	Family	Rest	Rest	Rest	Rest	Rest	Other	0	0
09:00	Health	Rest	Health	Rest	Day Job	Travel	Day Job	Family	Health	Day Job	Rest	Rest	Health	Rest	Wasted!	0	0
09:30	Production	Family	Day Job	Day Job	Day Job	Family	Day Job	Family	Rehearsal	Day Job	Family	Rest	Family	Family			
10:00	Production	Family	Day Job	Day Job	Day Job	Family	Day Job	Day Job	Rehearsal	Day Job	Family	Rest	Family	Family		168	168
10:30	Production	Production	Day Job	Day Job	Day Job	Family	Day Job	Day Job	Production	Day Job	Rehearsal	Family	Admin	Family			
11:00	Production	Production	Day Job	Day Job	Day Job	Travel	Day Job	Day Job	Production	Day Job	Rehearsal	Family	Admin	Family			
11:30	Production	Production	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Production	Marketing	Rehearsal	Family	Family	Marketing			
12:00	Production	Production	Day Job	Travel	Family	Day Job	Day Job	Family	Production	Marketing	Rehearsal	Family	Family	Day Job			
12:30	Family	Social	Day Job	Family	Day Job	Day Job	Family	Day Job	Production	Rest	Family	Family	Family	Family			
13:00	Travel	Travel	Rest	Family	Day Job	Day Job	Family	Day Job	Production	Marketing	Family	Family	Family	Family			
13:30	Admin	Admin	Day Job	Travel	Day Job	Rest	Day Job	Day Job	Production	Marketing	Family	Family	Family	Family			
14:00	Day Job	Day Job	Day Job	Family	Day Job	Rest	Day Job	Rest	Production	Rehearsal	Family	Day Job	Family	Rest			
14:30	Day Job	Day Job	Day Job	Day Job	Day Job	Rest	Day Job	Rest	Production	Rest	Family	Day Job	Family	Rest			
15:00	Production	Production	Day Job	Day Job	Day Job	Day Job	Day Job	Rest	Production	Rest	Family	Day Job	Family	Rest			
15:30	Production	Production	Day Job	Day Job	Day Job	Day Job	Day Job	Family	Production	Rest	Family	Day Job	Family	Admin			
16:00	Production	Production	Day Job	Day Job	Day Job	Day Job	Day Job	Family	Admin	Rest	Family	Family	Family	Family			
16:30	Production	Production	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Admin	Rest	Family	Family	Family	Family			
17:00	Production	Production	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Family	Admin	Family	Family	Family	Family			
17:30	Production	Family	Family	Family	Family	Family	Family	Day Job	Family	Rest	Family	Family	Family	Family			
18:00	Admin	Admin	Family	Family	Social	Social	Family	Family	Family	Social	Family	Family	Family	Family			
18:30	Admin	Admin	Admin	Admin	Social	Social	Admin	Family	Family	Social	Family	Rest	Family	Family			
19:00	Marketing	Rest	Rest	Rest	Social	Social	Admin	Family	Family	Social	Family	Rest	Family	Family			
19:30	Rest	Rest	Rest	Rest	Social	Social	Rest	Rest	Health	Social	Rest	Rest	Family	Rest			
20:00	Rest	Rest	Rest	Rest	Social	Social	Rest	Rest	Health	Social	Rest	Rest	Rest	Rest			
20:30	Rest	Rest	Rest	Rest	Social	Social	Rest	Rest	Health	Social	Rest	Rest	Rest	Rest			
21:00	Rest	Rest	Rest	Rest	Social	Social	Rest	Rest	Rest	Social	Rest	Rest	Rest	Rest			
21:30	Rest	Rest	Rest	Rest	Social	Social	Rest	Rest	Rest	Social	Rest	Rest	Rest	Rest			
22:00	Rest	Rest	Rest	Rest	Rest	Family	Rest	Rest	Rest	Family	Rest	Rest	Rest	Rest			
22:30	Rest	Rest	Rest	Rest	Rest	Family	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest			
23:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest			
23:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest			