

Day Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		Activity	Planned	Actual
	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual			
00:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest			
00:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Gigging	1	0.5
01:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Writing	0	0
01:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Production	2.5	1.5
02:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rehearsal	7	1.5
02:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Admin	6	7.5
03:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Meeting	0	0
03:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Marketing	1	1
04:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Teaching	0	0
04:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Media	0	0
05:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Travel	5	4
05:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	89	93.5
06:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Social	4	0
06:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Family	27.5	31
07:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Health	3	0
07:30	Rest	Family	Rest	Rest	Rest	Family	Family	Rest	Rest	Family	Rest	Rest	Rest	Family	Day Job	19	25.5
08:00	Rest	Family	Health	Rest	Health	Family	Health	Family	Family	Family	Rest	Rest	Rest	Rest	Volunteering	0	0
08:30	Health	Admin	Travel	Rest	Travel	Travel	Travel	Family	Health	Family	Rest	Rest	Rest	Rest	Other	3	2
09:00	Family	Admin	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Family	Rest	Health	Family	Wasted!	0	0
09:30	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Family	Day Job	Family	Family			
10:00	Admin	Admin	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Rehearsal	Day Job	Family	Family	Family		168	168
10:30	Admin	Admin	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Rehearsal	Day Job	Family	Family	Family			
11:00	Rehearsal	Marketing	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Rehearsal	Day Job	Family	Family	Family	Day Job		
11:30	Rehearsal	Marketing	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Day Job	Production	Day Job	Family	Family	Family			
12:00	Rehearsal	Rehearsal	Travel	Day Job	Day Job	Day Job	Travel	Day Job	Day Job	Production	Day Job	Family	Family	Family			
12:30	Travel	Travel	Day Job	Day Job	Day Job	Day Job	Admin	Travel	Production	Day Job	Family	Family	Family	Family			
13:00	Other	Other	Day Job	Admin	Day Job	Day Job	Marketing	Admin	Rest	Day Job	Family	Family	Family	Family			
13:30	Other	Other	Day Job	Admin	Travel	Travel	Rehearsal	Family	Other	Admin	Family	Family	Family	Family			
14:00	Travel	Other	Travel	Admin	Family	Family	Rehearsal	Rest	Other	Day Job	Family	Family	Family	Rehearsal			
14:30	Day Job	Day Job	Day Job	Day Job	Admin	Rest	Rehearsal	Rest	Other	Rest	Family	Family	Family	Family			
15:00	Rest	Travel	Day Job	Day Job	Admin	Rest	Rehearsal	Rest	Other	Rest	Family	Family	Travel	Travel			
15:30	Rest	Day Job	Day Job	Day Job	Rehearsal	Rest	Rehearsal	Rest	Day Job	Rest	Family	Family	Social	Family			
16:00	Family	Admin	Day Job	Day Job	Rehearsal	Family	Day Job	Day Job	Day Job	Day Job	Family	Rehearsal	Social	Family			
16:30	Family	Family	Production	Other	Rehearsal	Day Job	Day Job	Day Job	Admin	Production	Family	Family	Gigging	Family			
17:00	Family	Family	Production	Admin	Day Job	Day Job	Marketing	Day Job	Admin	Production	Family	Family	Gigging	Gigging			
17:30	Family	Family	Family	Admin	Day Job	Admin	Family	Day Job	Family	Production	Family	Family	Social	Family			
18:00	Family	Family	Family	Family	Family	Admin	Family	Family	Family	Family	Family	Family	Social	Travel			
18:30	Family	Day Job	Admin	Family	Family	Family	Admin	Admin	Family	Rest	Family	Family	Family	Family			
19:00	Admin	Travel	Rest	Family	Family	Family	Admin	Rest	Social	Rest	Rest	Family	Family	Family			
19:30	Admin	Rest	Rest	Family	Family	Family	Rest	Rest	Social	Rest	Rest	Family	Family	Family			
20:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Social	Rest	Rest	Rest	Rest	Rest			
20:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Social	Rest	Rest	Rest	Rest	Rest			
21:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest			
21:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest			
22:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest			
22:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest			
23:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest			
23:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest			