

Day Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		Activity	Planned	Actual
	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual	Planned	Actual			
00:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Wasted!	Rest	Rest	Rest	Rest			
00:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Wasted!	Rest	Rest	Rest	Rest	Gigging	3	0
01:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Wasted!	Rest	Rest	Rest	Rest	Writing	0	2
01:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Production	10	7
02:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rehearsal	2	0.5
02:30	Rest	Rest	Rest	Admin	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Admin	15	21
03:00	Rest	Rest	Rest	Admin	Rest	Admin	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Meeting	2.5	2.5
03:30	Rest	Rest	Rest	Admin	Rest	Admin	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Marketing	1	2
04:00	Rest	Rest	Rest	Admin	Rest	Admin	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Teaching	0	0
04:30	Rest	Rest	Rest	Admin	Rest	Admin	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Media	0	0
05:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Travel	6	6
05:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	87	89.5
06:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Social	1.5	4.5
06:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Family	27.5	19.5
07:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Health	3.5	1.5
07:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Day Job	6	8
08:00	Family	Rest	Family	Rest	Family	Rest	Travel	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Volunteering	0	0
08:30	Family	Family	Family	Rest	Travel	Rest	Day Job	Travel	Family	Rest	Rest	Rest	Rest	Rest	Other	3	0
09:00	Health	Health	Health	Rest	Day Job	Travel	Travel	Day Job	Health	Social	Rest	Family	Health	Family	Wasted!	0	4
09:30	Admin	Admin	Travel	Travel	Day Job	Day Job	Admin	Day Job	Rehearsal	Family	Travel	Family	Family	Family			
10:00	Admin	Admin	Family	Family	Day Job	Day Job	Admin	Day Job	Rehearsal	Family	Family	Admin	Family	Family		168	168
10:30	Admin	Admin	Family	Family	Day Job	Day Job	Rehearsal	Day Job	Production	Family	Family	Production	Family	Family			
11:00	Admin	Admin	Family	Family	Day Job	Day Job	Rehearsal	Day Job	Production	Family	Family	Production	Family	Family			
11:30	Admin	Admin	Family	Family	Day Job	Travel	Production	Day Job	Production	Family	Family	Production	Family	Family			
12:00	Admin	Admin	Travel	Travel	Travel	Admin	Production	Travel	Production	Admin	Family	Production	Family	Family			
12:30	Family	Family	Admin	Writing	Other	Family	Production	Admin	Production	Rest	Family	Rest	Family	Travel			
13:00	Family	Family	Admin	Writing	Other	Family	Production	Admin	Production	Rest	Family	Rest	Admin	Production			
13:30	Admin	Admin	Admin	Writing	Other	Admin	Production	Admin	Production	Rest	Family	Rest	Admin	Production			
14:00	Admin	Admin	Travel	Travel	Other	Rest	Production	Rest	Production	Rest	Family	Production	Admin	Production			
14:30	Admin	Admin	Day Job	Day Job	Other	Rest	Production	Admin	Production	Rest	Family	Production	Travel	Production			
15:00	Admin	Admin	Day Job	Day Job	Other	Family	Production	Marketing	Production	Admin	Family	Production	Gigging	Production			
15:30	Admin	Admin	Day Job	Day Job	Family	Family	Production	Rest	Production	Admin	Family	Day Job	Gigging	Production			
16:00	Admin	Admin	Day Job	Day Job	Family	Family	Family	Rest	Admin	Family	Family	Social	Gigging	Rest			
16:30	Admin	Admin	Day Job	Day Job	Family	Family	Family	Admin	Admin	Family	Family	Social	Gigging	Rest			
17:00	Admin	Admin	Travel	Travel	Family	Family	Family	Marketing	Family	Family	Family	Social	Gigging	Rest			
17:30	Admin	Admin	Family	Family	Family	Family	Family	Writing	Family	Family	Family	Social	Gigging	Rest			
18:00	Admin	Admin	Family	Family	Meeting	Meeting	Family	Production	Family	Family	Family	Social	Social	Rest			
18:30	Admin	Admin	Marketing	Marketing	Meeting	Meeting	Admin	Rehearsal	Family	Family	Family	Social	Social	Family			
19:00	Marketing	Marketing	Admin	Admin	Meeting	Meeting	Admin	Health	Family	Social	Family	Social	Social	Family			
19:30	Rest	Admin	Rest	Health	Meeting	Meeting	Rest	Rest	Health	Rest	Rest	Rest	Travel	Rest			
20:00	Rest	Admin	Rest	Rest	Meeting	Meeting	Rest	Rest	Health	Rest	Rest	Rest	Rest	Rest			
20:30	Rest	Admin	Rest	Rest	Travel	Travel	Rest	Rest	Health	Rest	Rest	Rest	Rest	Rest			
21:00	Rest	Rest	Rest	Rest	Rest	Travel	Rest	Wasted!	Rest	Rest	Rest	Rest	Rest	Rest			
21:30	Rest	Rest	Rest	Rest	Rest	Admin	Rest	Travel	Rest	Rest	Rest	Rest	Rest	Rest			
22:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Wasted!	Rest	Rest	Rest	Rest	Rest			
22:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Wasted!	Rest	Rest	Rest	Rest	Rest			
23:00	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Wasted!	Rest	Rest	Rest	Rest	Rest			
23:30	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Rest	Wasted!	Rest	Rest	Rest	Rest	Rest			